

**EZine Special - Tips, guides & ideas for online facilitation and youthwork**

**August 2020**

*YouthPact have compiled an Ezine special with some tips, guides and ideas for online facilitation and youthwork. If you have something to share with your Peace4Youth colleagues, send these to Seana Carmichael (**Scarmichael@cooperationireland.org**)*

**Leading Groups Online**

Covid-19 and the current public health restrictions have created new challenges for youth workers, facilitators and educators. Many are responding creatively and moving their work online. Jeanne Rewa and Daniel Hunter have put together "Leading Groups Online", a guide for leading online courses, meetings, training and events during the restrictions and made it available as a free download   [https://drive.google.com/open?id=1fpKd5GEXW-YMXu7j7tvYAQAwGHJqA8Qq](https://protect-eu.mimecast.com/s/dyGjCExx2IWpjrTwTSFx?domain=eur03.safelinks.protection.outlook.com)

**Training for Change**

[Training for Change](https://protect-eu.mimecast.com/s/Q85lCG882uJA9xtpxiKH?domain=trainingforchange.org/) describes itself as “a training and capacity building organisation for activists and organizers. [Who]  believe strong training and group facilitation is vital to movement building for social justice and radical change.” The link below will take you to a whole host of tools, ideas, tips and guides for enhancing online facilitation and engagement.

[https://www.trainingforchange.org/tools/?searchbox=](https://protect-eu.mimecast.com/s/cXVVCJQQ2f8KoGSLbWIk?domain=trainingforchange.org)

**Youth Access**

Youth Accessis the national membership organisation for young people's information, advice and counselling services ([YIACS](https://protect-eu.mimecast.com/s/apzXCKQQ2fq4kgTpd3EU?domain=youthaccess.org.uk)).  Below is a link to their 10 tips for facilitating Zoom meetings with young people. It includes stuff we know already, but it’s nicely set out in clear language with images and links to further reading.

[https://www.youthaccess.org.uk/news-and-events/latest-news/post/43-10-tips-for-facilitating-zoom-meetings-with-young-people](https://protect-eu.mimecast.com/s/Sox_CLJJ2cPQ2xugsi4Q?domain=youthaccess.org.uk)

Also from Youth Access this is a link to their remote support toolkit, which "pulls together best practice learning on how to support young people’s mental health and wellbeing remotely in a safe and accessible way" and includes pieces on [safeguarding](https://protect-eu.mimecast.com/s/id9PCM112U5zYKuGvKrN?domain=youthaccess.org.uk) children and young people when working remotely and [maintaining boundaries](https://protect-eu.mimecast.com/s/0_62CN002FNjpKHVoRpJ?domain=youthaccess.org.uk) on social media.

[https://www.youthaccess.org.uk/remote-support-toolkit/remote-support-toolkit](https://protect-eu.mimecast.com/s/hOfrCPQQ9f43nYsWtUOh?domain=eur03.safelinks.protection.outlook.com)

**Youth Work in the digital world module** The Digital Youth Work module is designed to enhance your understanding of how to merge the unique elements of youth work with the possibilities of new technology.  Check out this module and other youth work modules at [https://www.youthworkandyou.org/ywelp-module-five/](https://protect-eu.mimecast.com/s/po1PCR110Ur5X9cvQIH0?domain=eur03.safelinks.protection.outlook.com)

**The Reason Zoom Calls Drain Your Energy** According to this article from [BBC WORKLIFE](https://protect-eu.mimecast.com/s/sjuACVQQkflg8rUgq8rG?domain=bbc.com), being on a video call requires more focus than a face-to-face chat. Ultimately it can leave us [feeling exhausted](https://protect-eu.mimecast.com/s/hL-OCmyynh5Wqwu6tn-N?domain=theconversation.com).  Video chats mean we need to work harder to process non-verbal cues like facial expressions, the tone and pitch of the voice, and body language; paying more attention to these consumes a lot of energy.[https://www.bbc.com/worklife/article/20200421-why-zoom-video-chats-are-so-exhausting](https://protect-eu.mimecast.com/s/z_bfCY55nt3AXRTKMZ12?domain=eur03.safelinks.protection.outlook.com)

**Breakout Rooms on Zoom** As we get more familiar with Zoom and using this more often, we have come across a really useful video on the tool within zoom meetings to create breakout rooms. [https://www.youtube.com/embed/jbPpdyn16sY?rel=0&autoplay=1](https://protect-eu.mimecast.com/s/NxvJC144nupqXyuVXfKy?domain=eur03.safelinks.protection.outlook.com)

**Screenagers**  This collaborative international research project from circa 2014 focussed on the use of ICT, digital and social media in youth work. This report reflects some current dilemmas for youth workers and has helpful links to resources.  [https://drive.google.com/open?id=1PgKN9h\_k-f41YTNdjLR-4I5BtugCYCSx](https://protect-eu.mimecast.com/s/MK4PC3wwpum2v1TrE0TU?domain=eur03.safelinks.protection.outlook.com)

**Web safety in youth work** A range of resources are available from the National Youth council of Ireland to support those who work with young people in all youth work organisations who often share similar concerns, risks and challenges to ensure all young people, staff, volunteers are safe online.  [https://www.youth.ie/programmes/projects-initiatives/web-safety-in-youth-work/](https://protect-eu.mimecast.com/s/EBdlC5LLru061mhJI79V?domain=eur03.safelinks.protection.outlook.com)

**A Trainers Quick Start Guide** UFi VocTech Charitable Trust is an independent charity dedicated to increasing delivery of adult vocational learning through digital technology.  They are providing a beginners webinar on how to move training to online delivery.  [https://www.ufi.co.uk/](https://protect-eu.mimecast.com/s/QWOXC7XXwFmZY5TXpW1F?domain=eur03.safelinks.protection.outlook.com)

**A Live online learning - a facilitators guide**

This publication looks at the whys and wherefores on online learning, session planning, communicating, sharing resources online and building interactivity. First published in 2011 it has been brought up to date and republished as a free to share PDF.

[https://drive.google.com/file/d/1mE\_MrvJa1cRhEUMMXoF4gGw8zI7nup4D/view](https://protect-eu.mimecast.com/s/6FM9C8EExSjYgViOznuv?domain=drive.google.com)

**Effective Online Meetings *- 11 Tactics for gamifying your next virtual meeting***

**Don't be put off by the headline...** it's not actually about online gaming. This article is packed with good group work theory in a very accessible and easy to read format. Everything from starting with a 'check-in' and ending by 'closing the cycle'; with nine other great points made in between. It's everything you do already just broken down as a nice reminder of how good you are at what you do. **Check out Tactic 8: The rule of small numbers**. You'll recognise every word of it...

[https://mytrainer.cc/2020/online-meeting-gamification/](https://protect-eu.mimecast.com/s/Z7-lC0LLmu2mzOUxnqLz?domain=eur03.safelinks.protection.outlook.com)

**Creative Arts** **& Digital Innovators** This booklet from the Creative Arts & Digital Innovators (CADI) Team of the Education Authority (EA) has plenty of ideas for young people to enjoy including top 5 recommendations from other young people, goal setting activities and a good old CADI word search to name a few. [https://drive.google.com/open?id=1EVXb71Q-ibtr9l5u5lXrbJ1496dnFHqO](https://protect-eu.mimecast.com/s/wyjeCj88kujR0Limw3Uf?domain=eur03.safelinks.protection.outlook.com)

**Setting your team up for remote working** Linkedin have a series of training sessions for you to work with your staff in this new remote working environment. From productivity to resourcefulness; from learning zoom to learning skype, access training here [https://www.linkedin.com/learning/paths/remote-working-setting-yourself-and-your-teams-up-for-success](https://protect-eu.mimecast.com/s/0uXrCl77muoXlJhn_S6l?domain=eur03.safelinks.protection.outlook.com)

**Policies, protocols and youth work practice**

The team at YouthPact created a video in May 2020 to support the Peace4Youth partnerships in planning the next steps needed for easing of lockdown restrictions. Although public health guidelines will have changed, the material on policies and procedures for working with young people online are useful for project staff. This video signposts managers and workers to resources to support on-line youth work and the safeguarding of young people on-line. Please click on the link below to watch the presentation: <https://eu-lti.bbcollab.com/recording/1ef790c72042428eb5b3255b75d955cc>

This video is accompanied by a word document with extra resources for youth workers. This document contains hyper-links to all the materials and sources of the materials are acknowledged here. We particularly recommend a visit to https://youthworksupport.co.uk where there are ideas for youth work activities in the on-line space.

All these materials can be accessed at https:<https://www.cooperationireland.org/youthpact-resource-page>

*Please remember to send any Youtube video files to be added to the YouthPact channel. We also send these on to SEUPB for further publicity.*

For further information on YouthPact please visit our website <https://www.cooperationireland.org/youth-pact> or our Youtube channel <https://www.youtube.com/channel/UC3aeiCDMOUecbMCY9er0J1A> or Twitter [https://twitter.com/Youth\_Pact/status/1271376440035065857](https://protect-eu.mimecast.com/s/Kvb4CA112UNX0gTQHWhj?domain=eur03.safelinks.protection.outlook.com)

*This project is supported by the European Union’s PEACE IV Programme managed by the Special EU Programmes Body (SEUPB)*

