

YOUTH PACT TRAINING SCHEDULE 2019 - 2020



PEACE-BUILDING RESOURCES FOR WORKING WITH GROUPS

FACILITATOR: DAVID GARDINER

DATE: 14th November, 2019 - TIME: 10.00-3:00 - VENUE: Enniskillen Hotel

AUDIENCE: THIS SESSION IS FOR THOSE COMMITTED TO PEACE-BUILDING AND COMMUNITY RELATIONS, TO REFRESH EXISTING REPERTOIRE OF EXERCISES AND RESOURCES. TWO PLACES WILL BE MADE AVAILABLE FOR EACH PARTNERSHIP

SUITABLE FOR:

- ▶ Those in a project worker role
- ▶ Those in a group worker role
- ▶ Those delivering community relations elements of Peace4Youth programmes
- ▶ Those with programme design responsibility

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NOV

The Peace4Youth programme works with young people to address the stubborn and pervasive legacy of the conflict; sometimes obvious and at times hidden, but always present. David will draw on the work he has done on the 'Explore, Dream, Discover' resource for running T:BUC Summer Camps, to bring youth work resources to this Peace4Youth audience. This interactive session will use the activities and ideas within the resource to spark conversations and insights into the nature of community relations work currently and to consider ways of deepening the conversation.

YOUTH WORKERS AND YOUNG PEOPLE AS SOCIAL ACTIVISTS

FACILITATOR: MARIA PERKINS

DATE: 22nd November, 2019 - TIME: 10:00-3:00 - VENUE: Room 21D02, Ulster University at Jordanstown

AUDIENCE: THIS SESSION IS SUITABLE FOR THOSE COMMITTED TO BUILDING THE CAPACITY OF YOUNG PEOPLE TO SHAPE AND CHANGE THEIR OWN SOCIETY.

SUITABLE FOR:

- ▶ Those in a project worker role
- ▶ Those in a group worker role
- ▶ Those delivering citizenship elements of Peace4Youth programmes
- ▶ Those with programme design responsibility

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NOV

Citizenship is a core outcome area for the Peace4Youth programme and can be underpinned by a wide range of ideologies and movements that result in different approaches in practice. It can range from tokenistic actions by young people through to meaningful democratic activity or movements. This session takes a human rights approach to citizenship, identifying how young people are treated at community and societal level and how they experience power in their own lives. This interactive session will ask participants to reflect on their own comfort or discomfort with change and will introduce and facilitate the sharing of ideas and resources to inspire young people as social activists.

CONVERSATIONS ON SAFEGUARDING / PASTORAL CARE (DERRY-LONDONDERRY)

FACILITATOR: Claire King

DATE: 28th November, 2019 - TIME: 10:30-3:30

VENUE: Room MD021, Ulster University at Magee

AUDIENCE: SUITABLE FOR THOSE WHO HAVE COMPLETED ACCREDITED SAFEGUARDING TRAINING AND WISH TO DEEPEN THEIR DISCUSSIONS.

SUITABLE FOR:

- ▶ Professionally qualified youth workers ▶ Designated Safeguarding Officers
- ▶ Those with more than three years youth work experience

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This event is for workers who wish to reflect on the safeguarding/pastoral care aspects of their work in Peace4Youth. The session will create the conversation space for participants to identify and consider the range of complementary welfare, health and wellbeing policies, interventions and responses provided to ensure a quality learning experience for young people engaged on the programme and use their reflections to affirm, inform and enhance this important element of their ongoing practice. Participants will have access to resources on safeguarding, share scenarios that have challenged them and approaches/insights that have been useful.

CONVERSATIONS ON SAFEGUARDING / PASTORAL CARE (MID-ULSTER)

FACILITATOR: Claire King

DATE: 5th December, 2019 - TIME: 10.00-3:00 - VENUE: Ryandale Inn, Moy, Dungannon

AUDIENCE: SUITABLE FOR THOSE WHO HAVE COMPLETED ACCREDITED SAFEGUARDING TRAINING AND WISH TO DEEPEN THEIR DISCUSSIONS.

SUITABLE FOR:

- ▶ Professionally qualified youth workers ▶ Designated Safeguarding Officers
- ▶ Those with more than three years youth work experience

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This event is for workers who wish to reflect on the safeguarding/pastoral care aspects of their work in Peace4Youth. The session will create the conversation space for participants to identify and consider the range of complementary welfare, health and wellbeing policies, interventions and responses provided to ensure a quality learning experience for young people engaged on the programme and use their reflections to affirm, inform and enhance this important element of their ongoing practice. Participants will have access to resources on safeguarding, share scenarios that have challenged them and approaches/insights that have been useful.

INTRODUCTION TO WORK WITH YOUNG MEN

FACILITATORS: DR Colm Walsh and DR Ken Harland

DATE: 12th December, 2019 - TIME: 10:00-3:00 - VENUE: Duncairn Arts Centre, Belfast

AUDIENCE: SUITABLE FOR PRACTITIONERS WHO HAVE NOT YET ENGAGED IN SIMILAR TRAINING TO EXAMINE ISSUES RELATED TO THE LIVES AND EXPERIENCES OF YOUNG MEN. TWO PLACES WILL BE MADE AVAILABLE FOR EACH PARTNERSHIP

SUITABLE FOR:

- ▶ Those in a project worker role ▶ Those in a group worker role ▶ Those with no previous training in working with young men.

Practitioners have consistently reported finding it difficult to understand and respond to certain types of behaviour among boys and young men. This can prevent them engaging in meaningful dialogue around sensitive or contentious issues. Practitioners also suggest that they sometimes lack the confidence, skills and tools to develop practice with successful outcomes. This introductory session invites practitioners to critically examine the lives of young men and considerations for practice. The session will be anchored to the realities of practitioners themselves and provide a safe environment for them to reflect on these issues in a creative, experiential and engaging way. Practitioners will have the opportunity to critically reflect on their own practice and their approach to working with young men.



**An Roinn Leanaí
agus Gnóthaí Óige**
Department of Children
and Youth Affairs

- ▶ All registration forms will be available via e-mail or on the YouthPact website: www.cooperationireland.org/trainings
- ▶ Registration forms are to be submitted prior to closing dates to Kevin Brassell kbrassell@cooperationireland.org
- ▶ All training events for 2019 are now open for registration. Events in 2020 will open in the New Year.



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INTRODUCTION TO LIFE COACHING

FACILITATOR: BRIAN NUGENT - DATE: 9th January 2020 - TIME: 10:00-3:00 - VENUE: Room 21D02, Ulster University at Jordanstown

AUDIENCE: SUITABLE FOR THOSE WHO HAVE DIRECT EXPERIENCE IN ONE-TO-ONE WORK WITH YOUNG PEOPLE. THREE PLACES WILL BE MADE AVAILABLE FOR EACH PARTNERSHIP

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JAN

SUITABLE FOR: ▶ Those in a mentoring role ▶ Peer support worker ▶ Key/Link worker role

Life coaches work with people to help them identify their goals, work with their barriers and build focus and tenacity to make changes in their own lives. Life coaching is built on an asset-based approach that individuals hold the capacity to make changes for themselves and achieve their goals. This introductory session will identify the qualities and the skills required of a life coach, the process of coaching; the process of a life coach, areas of focus that can be boosted by this approach and how this relates to working with young people. The session will consider our own approach to goals and achievements and how these personal motivations can guide coaching techniques with young people.

PEACE-BUILDING RESOURCES FOR WORKING WITH GROUPS

FACILITATOR: DR. MARTIN MC MULLAN - DATE: 16th January, 2020 - TIME: 10:00-3:00 - VENUE: Duncairn Arts Centre, Belfast

AUDIENCE: THIS SESSION IS FOR THOSE COMMITTED TO PEACE-BUILDING AND COMMUNITY RELATIONS IN SEARCH OF NEW RESOURCES. THREE PLACES WILL BE MADE AVAILABLE FOR EACH PARTNERSHIP

SUITABLE FOR:

- ▶ Those in a project worker role ▶ Those in a group worker role
- ▶ Those delivering community relations elements of Peace4Youth programmes ▶ Those with programme design responsibility

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The Peace4Youth programme works with young people to address the stubborn and pervasive legacy of the conflict; sometimes obvious and at times hidden, but always present. This new set of peace-building resources developed by Dr. Martin McMullan offer a contemporary approach to these issues for young people born in a post-Belfast Agreement context. 'AGENDA for Peace'; 'Pathway to Peace' game and 'I haven't been affected by the troubles but...' booklet are some of the resources used in this workshop.

8.) ADVANCED TRAINING WORKSHOP IN WORK WITH YOUNG MEN

FACILITATOR: DR. KEN HARLAND - DATE: 30th January, 2020 - TIME: 10:00-3:00 - VENUE: An Creagan Centre, Creggan, Omagh

AUDIENCE: SUITABLE FOR MORE EXPERIENCED PRACTITIONERS WHO HAVE ALREADY ENGAGED IN TRAINING TO CONSIDER THE LIVES OF YOUNG MEN. TWO PLACES WILL BE MADE AVAILABLE FOR EACH PARTNERSHIP

SUITABLE FOR:

- ▶ Professionally qualified youth workers ▶ Those with more than 3 years youth work experience
- ▶ Those who have had previous training in work with young men

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This workshop invites more experienced practitioners who may have already engaged in similar training to consider the lives of young men in a nuanced way, how experiences and outcomes are differentiated by a range of bio-psycho-social factors and how this might inform practice with boys and young men. This session will draw upon research into the lives of young men and how youth work practice can take a more considered responsive approach. This session will be anchored to the realities of practitioners themselves and provide a safe environment for them to reflect on these issues in a creative, experiential and engaging way. Practitioners will have the opportunity to critically reflect on their own practice and their approach to working with young men.

MOTIVATIONAL INTERVIEWING

FACILITATOR: Glenn Hinds - DATE: 7th February, 2020 - TIME: 10:00-3:00 - VENUE: An Creagan Centre, Creggan, Omagh

AUDIENCE: SUITABLE FOR THOSE WHO HAVE EXTENSIVE EXPERIENCE IN WORKING WITH YOUNG PEOPLE. TWO PLACES WILL BE MADE AVAILABLE FOR EACH PARTNERSHIP.

SUITABLE FOR:

- ▶ Professionally qualified youth workers ▶ Those in a 1-to-1 support worker role ▶ Those with more than 3 years youth work experience.

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'Motivational interviewing is a collaborative, goal-oriented method of communication with particular attention to the language of change. It is intended to strengthen personal motivation for and commitment to a change goal....' (Rollnick, S, Miller, W., 2010)
This one- day workshop for 25 staff, will outline the psychology, spirit, processes and opening strategies of Motivational Interviewing. A training manual will be provided, which includes details of the motivational assessment tool.

YOUNG PEOPLE AS SOCIAL ACTIVISTS

FACILITATOR: CHRIS O'DONOGHUE - DATE: 20th February, 2020 - TIME: 10:00-3:00 - VENUE: Derry/Londonderry, Venue TBD

AUDIENCE: THE SESSION IS AIMED AT PRACTITIONERS WHO WISH TO EXPLORE ISSUES OF SOCIAL JUSTICE AND ACTIVISM WITH A VIEW TO USING THEIR ENHANCED UNDERSTANDING IN THEIR WORK WITH YOUNG PEOPLE.

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SUITABLE FOR:

- ▶ Those in a project worker role ▶ Those in a group worker role
- ▶ Those delivering citizenship elements of Peace4Youth programmes ▶ Those with programme design responsibility

Citizenship is a core outcome area for the Peace4Youth programme. Chris will engage participants in discussion and activities aimed at:

Bridging knowledge: looking at peoples understanding of the key terminology used – social justice – activism – solidarity. These words can provoke strong feelings and can often be a barrier for youth workers to involve the young people they work with in activities that could be classed as political.

Personal experience: Reflection on times participants were engaged in an issue or concern and their experience of this:

- was it positive or negative? • did the desired change become a reality? • what are the risks involved?

A model that works: input on the Freirean theory of problem solving. **From tokenism to activism:** Sharing practical steps for youth workers to help bring the young people they work with from a one off "project" mindset to a more integrated approach of lifelong activism.

YOUNG PEOPLE AS SOCIAL ACTIVISTS

FACILITATOR: DEBORAH ERWIN - DATE: 6th March, 2020 - TIME: 10:00-3:00 - VENUE: Belfast, Venue TBD

AUDIENCE: THIS SESSION IS SUITABLE TO THOSE COMMITTED TO BUILDING THE CAPACITY OF YOUNG PEOPLE TO SHAPE AND CHANGE THEIR OWN SOCIETY.

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SUITABLE FOR:

- ▶ Those in a project worker role ▶ Those in a group worker role
- ▶ Those delivering citizenship elements of Peace4Youth programmes ▶ Those with programme design responsibility

Citizenship is a core outcome area for the Peace4Youth programme. In this session Debs Erwin will draw on ideas that she has written about in 'Civic Participation and The Common Good'.

Through interactive groupwork tasks and discussion, participants will explore themes including young people's engagement in social change movements, the voice of young people in our society, agency, citizenship, conscious-ness raising and taking action.

HUNGER FOR PEACE GAMES

FACILITATOR: DR. MARTIN MCMULLAN - DATE: TBD - VENUE: TBD- TIME: 10.00-3.30

AUDIENCE: ONE TEAM OF 3-4 WORKERS FROM EACH PEACE4YOUTH PARTNERSHIP

SUITABLE FOR:

- ▶ Those in a project worker role ▶ Those in a group worker role
- ▶ Those delivering community relations elements of Peace4Youth programmes
- ▶ Those with programme design responsibility

This is an interactive session for workers interested in a new methodology for working with young people on issues of community relations. The Hunger for Peace Games is a team-building/competitive role play reflecting the Hunger Games series. Teams from each project/ 'district' take part in a series of challenge tasks, from the Love/Hate boxing ring to the Path to Peace challenge, gaining points for their 'district' throughout. The purpose of the Hunger for Peace Games is to provide workers with the ideas and tools to help young people to reflect on the impact of the conflict on attitudes and behaviours. For this workshop, each team will participate with a view to using this methodology with young people in their own partnership project.



YouthPact is a project supported by the European Union's PEACE IV programme,
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Website: www.cooperationireland.org/trainings E-mail: kbrassell@cooperationireland.org